

Workshops and Seminars Open to All Educators and Parents

2025 OPEN TO ALL EDUCATORS						
Consultant	Date	Event Description	Area and Audience	Location		
Rick Fitzpatrick	October, 28th 13:30 - 15:30	Approaches to Teaching and Learning in the Modern World	All educators who would like to refine their approaches to Teaching and Learning Whole School Click here for registration	WIS PLC Media Room		
Sonandre Fick	November, 18th 13:30 - 15:30	Early Childhood Development	Gross, Fine and Perceptual development in the Pre-Primary Pre-Primary and Foundation Years Click here for registration	WIS PLC Media Room		
Bianca Salamon	January, 27th 13:30 - 15:30	Safeguarding and Child Protection in Schools	Student wellbeing Any person involved in Education Click here for registration	WIS PLC Media Room		
Jenna Brown	February, 24th 13:30 - 15:30	<u>Leading Effective Teams - Norms of</u> <u>Collaboration</u>	School Leadership, HoDs and Program Coordinators Whole School Click here for registration	WIS PLC Media Room		











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INDHOEK INTERNATIONAL SCHOOL

Fabrizio Conti	March, 24th 13:30 - 15:30	Nutrition and Learning: The 'Well Fed' Brain	Student Learning & Wellbeing Whole School Click here for registration	WIS PLC Media Room
Nhadia Gora	April,21st 13:30 - 15:30	Strong Core, Strong Mind: How Physical Stability Supports Academic Success	Student Support & Wellbeing Early Childhood and Primary Educators Required resources: notebook, pen Click here for registration	WIS PLC Media Room

Workshop Descriptions and Consultants

Approaches to Teaching and Learning in the Modern World

The International Baccalaureate's Approaches to Teaching and Learning (ATL) framework, used in nearly 3,500 schools worldwide, is a model for 21st century education. It fosters critical thinking, collaboration, and self-directed learning through an inquiry-based, concept-driven pedagogy. ATL emphasizes developing transferable skills such as communication, research, and social-emotional intelligence, preparing students to navigate a changing world. Teaching is student-centered, differentiated, and reflective, aiming to cultivate international-mindedness and lifelong learning habits. By integrating real-world contexts and interdisciplinary understanding, ATL equips students to think globally, adapt to challenges, and act responsibly as ethical global citizens.

Consultant:

Rick Fitzpatrick | IBDP Educator at Windhoek International School















Early Childhood Development

This interactive session will explore the key areas of early childhood development—physical, cognitive, social-emotional, and language—and provide practical strategies to support children's growth at both school and home. Participants will engage in hands-on activities, discussions, and reflections to deepen their understanding of developmental milestones, the importance of play, and the role adults play in helping children thrive. The workshop also highlights how to observe and assess growth in meaningful ways.

Consultant:

Sonandre Fick | Pre-primary HoD and Grade 1 Teacher at Windhoek International School

Safeguarding and Child Protection in Schools

This session on safeguarding and child protection is designed to equip educators and others working in schools with the knowledge and skills to create a safe learning environment for all learners. The session will cover the fundamental concepts of safeguarding and child protection, including the legal framework within the Namibian context. The session will explore different forms of abuse, as well as neglect, how to recognize the warning signs, and understand the appropriate steps to take when a child discloses abuse. We will additionally consider pro-active measures that can be put in place in schools to minimise the potential risk of harm to students. The training will outline support options and referral pathways to try to ensure timely and effective interventions. This session aims to empower staff working in schools to act confidently and responsibly in promoting the well-being of every child in their care.

Consultant:

Bianca Salamon | School Counsellor and Safeguarding Lead at Windhoek International School















Leading Effective Teams - Norms of Collaboration

This professional learning workshop will focus on strategies for leading effective teams and enhancing collaboration to achieve high-impact outcomes. Participants will explore structures and approaches that build trust, strengthen dialogue, and support collective decision-making. The session will provide practical tools to help leaders guide their teams with clarity and purpose, fostering a culture of collaboration that drives sustainable improvement.

Consultant:

Jenna Brown | Primary Principal at Windhoek International School

Nutrition and Learning: "The Well Fed Brain"

This workshop explores the vital connection between nutrition and a child's ability to learn. Participants will gain insight into how healthy eating habits support concentration, memory, behaviour, and overall wellbeing. Practical strategies and tips will be shared to help families and educators foster a "well fed" brain, ensuring students are ready to thrive both in and out of the classroom.

Consultant:

Fabrizio Conti | PYP Coordinator at Windhoek International School













Strong Core, Strong Mind: How Physical Stability Supports Academic Success

Could improved learning start with better posture? This workshop explores the critical role that core strength plays in a child's ability to succeed in the classroom. You'll discover the often-overlooked links between motor development and academic performance. Join us as we unpack the relationship between physical development and learning readiness—touching on posture, concentration, handwriting, and behaviour regulation. Walk away with simple strategies and classroom-friendly movement activities that support your students' learning from the *core* out.

This workshop is ideal for educators who are passionate about developing the whole child and want to integrate physical development into their academic practice.

Consultant:

Nhadia Gora | Primary School PE Teacher and Specialist in Early Childhood Movement Development at Windhoek International School











